

BENEFITS OF ACTIVE SCHOOL TRAVEL

Whether you're traveling fully from home or part-way from a nearby meeting point,
Students who walk and wheel to and from school:



Build individual confidence & capability



Become more self-reliant, supporting families & household schedules



Arrive alert & ready to learn after a short burst of activity



Create safer streets by reducing congestion before & after school



Improve their physical & mental health



Help save time & money by avoiding waiting in school traffic



Support safety in numbers & create connected communities



Participate in climate action by lowering community GHG emissions



www.crd.bc.ca/ready